

Gambling, Saving, and Lumpy Liquidity Needs

Sylvan Herskowitz*

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Abstract

I present evidence that unmet liquidity needs for indivisible, “lumpy”, expenditures increase demand for betting as a second-best method of liquidity generation in the presence of financial constraints. With a sample of 1,708 sports bettors in Kampala, Uganda, I show that participants’ targeted payouts are linked to anticipated expenditures while winnings disproportionately increase lumpy expenditures. I show that a randomized savings treatment decreases demand for betting. And I use two lab-in-the-field experiments to show that unmet liquidity needs and saving ability are important mechanisms. These results cannot be explained by betting as a purely normal good.

Keywords: Gambling, Betting, Saving, Liquidity Needs

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1. Introduction

Gambling has been popular for millennia (Schwartz, 2013). Today, it is a global industry with revenues estimated at nearly half a trillion dollars.¹ Over the past decade, sports betting has emerged as one of the fastest growing forms of gambling, itself frequently valued over a hundred billion dollars.² While the world’s largest markets have historically been in major developed countries, such as the United Kingdom, Japan, Australia, and China, new technologies have enabled international companies to enter previously untouched markets, with growth fastest across the developing world and, in particular, throughout Africa.³ While many view gambling as a valuable source of entertainment and tax revenues, critics raise concerns about potential harms from gambling, including increased crime, indebtedness, and addiction.⁴ Understanding the underlying causes of betting demand is important for determining both whether and how gambling targeted regulation or interventions should be enacted.

The broad and persistent popularity of gambles with negative expected returns has presented a long-standing puzzle for economists. The existing literature points to a wide range of explanations including misperception or misunderstanding of odds (Bordalo et al., 2012; Barberis, 2013), addiction (Becker and Murphy, 1988), and fun (Conlisk, 1993). These prevailing explanations contribute to an image of gambling as either an indulgence or a symptom of errors of reasoning or understanding. However, seminal work by Friedman and Savage (1948) posited a source of rational demand for gambles resulting from non-concavities in peoples’ indirect utility curves. Non-concavities can result from underlying demand for indivisible, “lumpy”, expenditures and accompanying liquidity needs (Kwang, 1965), while access to credit and ability to save provide alternatives that can reduce this source of appeal (Bailey et al., 1980). However, existing efforts to test these relationships empirically are limited. This paper provides novel evidence that unmet liquidity needs and financial constraints

¹<https://www.statista.com/statistics/253416/global-gambling-market-gross-win/>

²<http://www.statista.com/topics/1740/sports-betting/>

<http://www.bbc.com/sport/0/football/24354124>

³For background on global betting expansion, see industry reports from H2 Gambling H2 Gambling Capital (2015), PricewaterhouseCoopers (2014), and MORSS Global MORSS Global Finance (2009).

⁴See Grote and Matheson (2013), Bruce (2013), and Ariyabuddhiphongs (2011) for recent reviews of the literature.

can increase demand for gambles as a second-best method of liquidity generation.

Sports betting has exploded in popularity throughout Uganda over the past fifteen years. A recent report estimated that 37% of adult males in the capital, Kampala, had placed bets in the past year.⁵ Additionally, credit is expensive and constraints on saving can be severe for much of this population.⁶ Sports bettors in Kampala therefore present an ideal population and setting to test whether betting demand is heightened by unmet liquidity needs. The study included 1,708 sports bettors in Kampala. 957 men were included in a two month study with five bi-weekly visits, creating a high-frequency panel of reported betting behaviors, earnings, and expenditures. This group was supplemented with 751 additional participants in a condensed, single-visit study. The analysis includes evidence from reported expenditures and betting behavior, a randomized field experiment, and two lab-in-the-field experiments in support of the theory that unmet liquidity needs and financial constraints contribute to demand for betting.

First, I show that higher anticipated lumpy expenditures are associated with higher targeted payouts on respondents' betting tickets. Additionally, winnings significantly increase both the size and likelihood of large lumpy expenditures, but do not significantly affect non-lumpy expenditures. These responses are stronger for respondents with low saving ability, consistent with closer linkages between betting behavior and unmet liquidity needs among those with constrained alternatives.

Next, I test whether improving one's ability to save reduces betting demand. One month before the endline, randomly selected participants were offered a wooden saving box to assist them in saving. Saving box recipients had 0.18 standard deviations lower betting demand in an index of reported betting expenditures and elicited betting demand.

I then use two lab-in-the-field experiments to isolate the role of betting as a method of liquidity generation, the key feature distinguishing it from other normal goods. In the first experiment, interviewers asked selected respondents a set of questions related to a previously identified and desired expense, that was designed to increase its salience. Respondents randomly selected to receive this prime before being offered a choice of cash or betting

⁵See Ahaibwe et al. (2016) for a report on the pervasiveness of gambling and sports betting in Uganda.

⁶See Dupas et al. (2016) for discussion of challenges to saving in Uganda. Also see African Development Bank (2011) and Beck and Cull (2014) for background on high costs and limited availability of credit.

tickets were 16% more likely to demand the maximum number of tickets, an effect again driven by people with low saving ability. In the second, respondents were guided through a brief budgeting exercise, assisting them in making realistic assessments of their weekly saving potential. Randomly selected participants did this activity before the betting ticket offer while others did it afterwards. Respondents who did the exercise before the offer and improved their self-assessed ability to save reduced their likelihood of demanding the maximum number of tickets by 44%. If betting were purely a normal good, salience of liquidity needs or new information about one's ability to save would have been unlikely to cause these observed responses.

Together, the paper's results tell a consistent story: betting behavior is linked to participants' liquidity needs and demand is amplified by constraints to one of its primary alternatives. Given negative expected returns, this is a costly way of generating liquidity. This work suggests that improving financial services for vulnerable populations may be an effective strategy for reducing these losses. While the interventions used in this study appeared to reduce betting demand, more enduring changes in behavior are likely to require more ambitious policies and interventions. The impacts of financial services on betting and risk-taking behavior more broadly is a topic deserving further study.

This paper contributes to at least two broad areas of economic research. First, while studies have long observed that poorer, marginalized populations often have high levels of betting participation and intensity, empirical explanations for this tendency are thin.⁷ Theoretical work on the linkages between demand for gambles, unmet liquidity needs, and financial constraints can potentially speak to these patterns, but existing empirical work showing these causal relationships is limited and presents mixed evidence. Snowberg and Wolfers (2010) examine American horse betting and find that misperceptions of odds explain more of the well-established long-shot bias than demand for high payouts. Focusing on usage of winnings, Imbens et al. (2001) show that American lottery winners purchase large durable goods following wins. And Crossley et al. (2016) present similar evidence in the United Kingdom, while also showing that credit-constrained lottery participants use in-

⁷See Welte et al. (2008) and Lang and Omori (2009) for examples of this in developed country settings while Ariyabuddhiphong (2011) acknowledges these patterns in a broader review of the literature.

heritances to make lumpy expenditures, suggesting that lottery participants face binding liquidity constraints. While these latter two papers are consistent with financial constraints affecting gambling demand, they are unable to show that this ex-post behavior is a driver of ex-ante demand. In addition, the choice of setting is itself a contribution to the gambling literature, where almost all existing work is set in developed countries.⁸ Linkages between liquidity needs and betting demand are likely to be particularly important in developing country settings (and among disadvantaged populations more broadly) where gambling is growing fastest and financial constraints are often severe.

Second, this paper links to a number of themes in the development literature. Existing work has shown that financial demands and constraints facing the poor can lead to unexpected, second-best financial management strategies (Collins et al., 2009; Banerjee and Duflo, 2007). Many features of betting in this context resemble another unconventional saving method often seen in developing countries: rotating savings groups.⁹ Recurrent payments or deposits are made to a third party in pursuit of a lump sum of liquidity, for savings groups, when it is ones turn, or for betting, when you win. However, for betting, expected returns are negative and payout is uncertain, payment frequency and size are flexible, and there is no need for coordination or trust with other participants (aside from the betting house). Recent work by Casaburi and Macchiavello (2019) showed another manifestation of second best liquidity generation strategies resulting from saving constraints whereby Kenyan dairy farmers sacrifice a portion of their income in return for *less* frequent payments. In this paper, I contribute to the broader literature on savings and the impact of saving constraints.¹⁰ Recent work has also shown disproportionately high valuations of lottery linked incentives (relative to flat payments) in both developing and developed country settings, with a particular focus on lottery linked savings products.¹¹ Notably, Dizon and Lybbert (2018) and

⁸Ariyabuddhiphongs (2011) conducted a comprehensive review of over 100 gambling studies and found only three based in developing countries (his review preceded the work on lottery linked savings cited above). I was able to find only one additional paper testing causes of gambling in Africa from Abel et al. (2015), that focuses on experiential learning about compound probabilities in South Africa.

⁹See Anderson and Baland (2002) for an overview of roscas and Anderson et al. (2009) for an example of potential costs and risks.

¹⁰This work was recently summarized by Karlan et al. (2014), with major contributions on the effects of saving constraints on financial investments and resiliency to shocks from Dupas and Robinson (2013b); Brune et al. (2015); Dupas and Robinson (2013a).

¹¹Kearney et al. (2011) review the literature on lottery linked savings in the United States. See additional

Cole et al. (2017) both show that these products are particularly appealing for populations facing other financial constraints, consistent with the causal findings of this paper.

Finally, Banerjee and Duflo (2007) documented high household expenditure levels on seemingly non-essential goods and products among the poor, such as alcohol, TVs, and traditional ceremonies. The broader literature on temptation goods is summarized by Banerjee and Mullainathan (2010), who offer declining temptation in income as a contributing factor to high expenditure levels among the poor. However, there may be other rational explanations as well: Alcohol may offer relief from physical pain. Participation in expensive community ceremonies may also serve as payment into informal insurance schemes. And TVs may simply be the highest return value for entertainment where entertainment is scarce. This paper provides evidence that the potential to relieve liquidity constraints can provide a rational basis contributing to high betting expenditures among the financially marginalized.

The paper proceeds as follows. Section 2 provides further background on sports betting and details on the experimental design and data collection. Section 3 presents descriptive evidence of demand for betting and financial constraints in the sample. Section 4 details the empirical results. Section 5 concludes.

2. Background

2.1 Conceptual Framework

Demand for large, indivisible, “lumpy”, expenditures where payment must be completed in a single transaction creates need for liquidity. Considerable attention has traditionally focused on access to credit and saving as ways to finance these purchases, but betting could provide a third alternative.

Betting is a bundled good. It includes direct enjoyment from the activity of betting. This could include excitement from the thrill of wagering and winning money or come from complementarities to supporting and following different teams. But it also serves as a financial asset with the possibility of monetary payout. This second feature distinguishes betting from

examples in developing countries from Gertler et al. (2018); Brune (2016).

other normal goods and makes it a potential source of liquidity. Betting therefore presents an alternative to more conventional liquidity generation strategies. People facing high costs of credit or impediments to saving may find the financial payouts from betting especially enticing. Similarly, improvements in one's ability to save (or to access affordable credit) may reduce the relative appeal of betting as a source of liquidity.

Because of these dual features, testing the effect of saving ability on demand for betting is an empirical challenge. A reduction in betting following an improvement in ability to save could result from either mechanism (or both). Improved ability to save may simply reduce all expenditures, with betting response similar to other normal goods. Or, improved saving ability could undermine the appeal of betting as an alternative way to get liquidity. This paper aims to provide evidence, in particular, on the latter mechanism. A more complete treatment of this conceptual model is included in Appendix C.

2.2 Gambling and Sports Betting

People have long sought opportunities to place wagers and win money. Gambling dice have been found dating back to 1300 B.C., while today's range of opportunities and options for gambles covers casinos, lotteries, and betting on a nearly limitless range of events. The modern gambling industry has immense global reach and scale, with billions of people participating each year (Schwartz, 2013). Gross gambling yield is estimated at nearly half a trillion dollars, an estimate that does not even include unofficial or illegal gambling whose scale may be even bigger.¹² Growth has been accelerating over the last ten years and is expected to continue.¹³

These high levels of revenues are mirrored by high incidence and intensity of participation in many parts of the world (H2 Gambling Capital, 2015). Within countries, higher intensity of participation is frequently found in poorer and more marginalized populations, raising

¹²<https://www.statista.com/statistics/253416/global-gambling-market-gross-win/>

¹³A recent report from the European Gaming and Betting Association (2014) estimated that regulated gambling markets in Europe grew 19% between 2007 and 2012 and projected an additional 20% by 2016. In the US, monetized fantasy sports became a multi-billion dollar industry led by companies like Fan Duel and Draft Kings before regulations in 2016 curbed their expansion. See <http://fortune.com/2015/04/06/draftkings-and-fanduel-close-in-on-massive-new-investments/> A supreme court decision in 2018 recently legalized sports betting and may lead to another boom in popularity and participation in the US.

concern about loss of potentially scarce household resources (Welte et al., 2008; Lang and Omori, 2009). Additionally, the American Psychiatric Association recently categorized gambling as a potential source of addiction (DSM-5, 2013) while recent studies have found rates of problem gambling between 0.5-5% of the adult population in countries across Europe, Asia, Oceania, and North America (Calado and Griffiths, 2016).

Despite these concerns, expansion of the industry has continued. Adaptation of online betting technology in the form of internet-linked, vendor-operated betting consoles and betting shops has broadened access to new betting products with higher payoffs and a wider range of betting options than previously available. These advances have enabled investors to enter into previously unprofitable markets while leveraging internationally calibrated odds with growth fastest in many developing countries within Africa (MORSS, 2009; PricewaterhouseCoopers, 2014). Scarcity of reliable data makes it difficult to know the exact size of the sports betting industry across the continent, but news coverage makes it clear that international companies are rapidly entering and expanding into African markets.¹⁴ While regulation varies widely by country, new tax revenue streams provide strong incentives for local governments to permit continued growth of the industry.

In Uganda, sports betting is a legal, large, and rapidly expanding industry. Like most of the world, different forms of gambling have long existed in Uganda, but this format and ensuing explosion in popularity are new. The arrival and expansion of international betting companies began less than fifteen years ago, but as of June 2015, there were 23 licensed companies operating in Uganda, with over 1,000 betting outlets spanning the country (Ahaibwe et al., 2016). These shops overflow with customers during peak hours.¹⁵ A 2016 policy report from the Economic Policy Research Center (EPRC) at Makerere University recently conducted a representative survey of Kampala residents and found that 37% of men

¹⁴Recent media articles from Ghana, Nigeria, Senegal, Malawi, Sierra Leone, Tanzania, Liberia, Zimbabwe, and Kenya all observe a sharp rise in sports betting in their respective countries. Click on the country name for a linked article. In Kenya, the next wave of expansion and innovation is already taking place with mobile betting technologies allegedly serving as a meaningful driver in the expansion of M-Pesa, Kenya's mobile money platform. www.techweez.com/2016/05/10/m-pesa-sports-betting/ and www.bloomberg.com/news/articles/2016-05-09/vodafone-mobile-money-volumes-boosted-by-sports-betting-in-kenya

¹⁵<http://www.monitor.co.ug/Business/Prosper/The-price-of-betting-on-Ugandans/-/688616/2107602/-/k7i4bh/-/index.html>

between 18-40 had bet during the last year, wagering an average of 12% of their income. Similar to demographic trends elsewhere, men in the lowest income quintile spend the largest share of their earnings on betting, with survey responses suggesting that betting primarily displaces household expenditures and investments. This rapid expansion and high level of betting intensity have received increasing attention from local media and political figures, voicing increasing concern about the social effects of sports betting, including loss of scarce household resources, dis-saving, domestic violence, addiction, and suicide.¹⁶¹⁷

Betting in Uganda follows the same format spreading throughout the continent and widely available online. First, a bettor chooses which matches to include on his ticket from a list of available options, typically featuring over 100 games. He then predicts an outcome for each match such as “Sevilla FC defeats Manchester United”. Predicting less-likely outcomes or adding additional games to a ticket is rewarded with a higher possible payout.¹⁸ If every predicted outcome on the ticket occurs, it can be redeemed for its targeted amount. If any single outcome is incorrect, the ticket is worth nothing. Even by local standards, the minimum cost of placing a bet is relatively low, at just 0.18 USD per ticket. While bettors can target extremely large payouts if they choose, companies often cap the maximum payout at around 2000 USD, and most bettors target amounts much lower.

For most participants, the cost, payouts, and odds of betting relative to their incomes are similar to American scratch tickets. While the payouts and expected return to a betting ticket depend on a number of factors, I estimate that a “typical” ticket with mean attributes from the data targeting 55 USD, a bet of 0.35 USD, and including 7-8 predictions has roughly a 0.35% chance of winning and an expected value of 0.19 USD (55% of its cost). Additional details on the structure of betting are contained in Appendix B.

¹⁶www.allafrica.com/stories/201603150296.html, www.monitor.co.ug/Business/Prosper/The-price-of-betting-on-Ugandans/-/688616/2107602/-/k7i4bh/-/index.html, and www.monitor.co.ug/News/National/Soccer-fan-kills-self-over-Arsenal-s-loss-to-Monaco/-/688334/2639990/-/dn6tkoz/-/index.html

¹⁷In January 2019, President Museveni echoed these concerns and announced that operating licenses would no longer be granted to foreign owned betting companies. Whether this declaration marks a policy shift towards tighter regulation of betting or simply a shift in ownership and associated rents from the industry remains to be seen. www.theconversation.com/ugandas-ban-on-sports-betting-was-the-right-thing-to-do-110728

¹⁸Payout offerings are based off of internationally calibrated and continuously updated betting odds. It is therefore unrealistic to expect a bettor in Uganda to have enough information to be able to identify profitable bets and opportunities that have not already been arbitrated out of the market.

2.3 Experimental Design and Data Collection

Field work for the project was conducted over eleven months between September 2015 and July 2016, involving three phases of data collection and 1,708 participants. The "full study" was conducted in two waves. 453 participants were included in Wave 1, between October and December of 2015. Wave 2 was conducted between April and June 2016, following similar protocols with a second group of 504 participants. The final phase of data collection was a "condensed", single-visit study, conducted in July 2016 with 751 additional respondents.¹⁹

The study targeted men, 18-40 years old, self-employed in small micro-enterprises or services, with weekly incomes below 50 USD.²⁰ Each phase of data collection began with a listing exercise in selected parishes around Kampala. Listing was intended to establish broader betting incidence in this population and to identify suitable study participants who constituted a range of "typical" bettors, and not just those who were most extreme.²¹ Respondents were identified at their place of work and asked a short set of screening questions to determine whether they met the targeting criteria. Appendix Table A.2 summarizes the listing data. As expected, betting incidence was high. Of 5,522 people included in the listings, 32% reported betting in most weeks. A randomized selection of respondents were then invited to participate among those who bet regularly. The full study was launched immediately afterwards. Additional details on field protocols are included in Appendix D.

Full study participants were interviewed in-person five times, once every two weeks. In addition, brief phone check-ins were conducted on weeks between visits. Surveys captured a wide range of respondents' backgrounds, including household composition, education, savings and credit experience, and risk and time preferences. For these topics, expected to be stable over the study period, questions were asked at only one of the in-person interviews. For responses expected to show greater variation, such as household expenditures, savings, earnings, betting expenditures, and winnings, recurrent modules were asked in each in-

¹⁹The full size of this condensed study was 1,293. However, 542 participants were randomly assigned to a different treatment group testing hypotheses unrelated to those in this paper about psychological "hot states" and betting demand. They are excluded from all analyses in this paper.

²⁰Piloting and existing assessments in Uganda both suggested high incidence and intensity of betting along with unmet liquidity needs in this population (Ahaibwe et al., 2016; Ssengooba and Yawe, 2014).

²¹In Wave 1, parishes were randomly chosen from the full set of parishes in Kampala with commercial centers where the target population could be found. In Wave 2, parishes closer to the city center were targeted due to logistical challenges and budget constraints.

person interview. Phone check-ins were restricted to the most important recurrent variables: earnings and betting participation.

During the third in-person visit, four weeks before the final visit, members of the research team gave wooden saving boxes to randomly selected respondents in the full study. A priming experiment was conducted in conjunction with a betting ticket offer (detailed below) during the final visit for all participants in the full study as well as the baseline for those in Wave 2 and at the end of the condensed study. A timeline of data collection and interventions for participants in the full study is illustrated in Figure 1. Additional randomized treatments unrelated to the hypotheses in this paper were also conducted during the study.²²

The condensed study was designed to build on and extend the priming experiment with a randomized budgeting exercise. It was conducted over three weeks following the conclusion of the full study in July 2016. Recruitment followed the same eligibility criteria. With only a single visit, these respondents were not included in the saving box experiment. All treatments, for all study groups, were randomized and included as controls in all estimating regressions. Further details on the treatments are provided in Section 4.

To capture demand for betting that was not reliant on self-reported behavior, field team members collected a revealed preference measure of betting demand. This was conducted in the final in-person visit for all participants in the full study, during the baseline for participants in Wave 2, and at the end of the condensed study. Respondents were offered the choice between pre-filled betting tickets and a designated amount of cash. Pre-filling the tickets was done partially for logistical reasons, but also because removing the selection of matches reduces the fun of a typical betting ticket and thus focuses its value on the financial gamble, the component of betting demand that motivates the study. Respondents were told the amount spent on the ticket, as well as the approximate size of the payout should it win, but were not permitted to see its actual predictions.²³ The cash value offered was set

²²The second round contained a randomized offer of a wallet with which respondents were encouraged to budget for betting. The fourth round contained a randomized information treatment whereby selected respondents were given an accounting of their betting expenses and winnings. The endline also included a randomized short video prime of football highlights. Finally, in the first wave, selected respondents were initially intended to receive help setting up formal saving accounts, however this was abandoned almost immediately due to logistical challenges.

²³Preventing respondents from reviewing the actual predictions was done to make sure that disagreement over a given prediction did not reduce their valuation of the ticket to zero.

below the ticket price, preventing respondents from using the money to purchase new tickets themselves, but similar to its expected value. The cost of the tickets were 1,000 Ugandan Shillings (approximately 0.35 USD), the most common ticket cost, and purchased from well established betting companies, familiar to all respondents. Respondents were then asked how many units of cash or tickets they would like to choose. Participants in the full study could select up to four, whereas participants in the condensed study were limited to two.²⁴

This outcome is coded in three ways in the analysis. In the full sample I use the count of tickets. When combining the full and condensed sample I switch to the share of tickets offered, since these groups were offered different numbers of tickets. I also use a binary indicator for demanding the maximum number of tickets motivated by heavy censoring at the maximum. 46% of participants' selected the full amount of tickets offered. Respondents' unconstrained demand from this exercise is not observed, and therefore unknowable, however the distribution from reported betting expenditures suggests a long right tail so that the maximal coding emphasizes important variation on the right side of the distribution.²⁵

3. Descriptive Evidence

3.1 Background Characteristics

79% of respondents said that their primary reason for betting was to get money (fun cited by just 15%). While cheap talk responses deserve skepticism, respondents' stated motives also merit serious consideration. Descriptive statistics from the survey add credence to these claims and provide context on the background and constraints shaping respondents' betting, saving, and expenditure decisions.

Table 1 shows statistics on participants' background, including income, betting expendi-

²⁴There were two differences between the ticket offers in the full and condensed study. First, during the full study, participants were given the additional choice of whether they wanted tickets that targeted low, medium, or high payouts. In the condensed study, payout size was always medium. Second, the amount of money offered instead of a betting ticket was held fixed during the full study but was experimentally varied during the condensed study. All analyses control for these factors. Appendix Table A.1 shows a positive and significant relationship between this measure of betting demand and respondents' reported levels of betting.

²⁵For reported betting expenditures, censoring the top 46% would reduce the measured mean of betting expenditures to just 40% of the uncensored mean.

tures, education, available liquidity, saving ability, and winning targets.²⁶ Respondents had personal earnings around 30 USD per week and household income per capita of 16-20 USD per week, suggesting that most participants live at or below the poverty line. They also spend a lot on betting, with an inter-quartile range between 5 and 15% of weekly earnings. With expected losses of 45%, this corresponds with income losses of roughly 2 to 7% of weekly income. For higher intensity bettors, expected losses may be considerably higher. While the study’s sampling strategy was not designed to be representative of a broader population, these reported levels of betting are in line with the representative sample of Kampala men in the EPRC report.

Panel (b) provides motivation for why saving and betting could be competing as ways to generate liquidity for currently unattainable purchases. “Available Liquidity” is respondents’ answers to the question, “What is the biggest expense you could make without needing to borrow?” The majority of participants could not afford an expense above the size of their normal weekly income without borrowing. Respondents claim that they have the potential to save between 25-35% of their weekly earnings without unduly stretching their finances. Meanwhile, the reported distribution of betting payout targets is roughly double peoples’ available liquidity. These targets are suggestive of desire for expenditures that are currently unattainable, but should be achievable within a few months of saving.

The data further suggest that respondents face considerable barriers to affordable credit. Less than 50% thought they would be able to get a bank loan if they wanted one. Even if they could, interest rates are high, 20-25% on a six month loan. In addition, 85% of respondents reported having a non-business expenditure that they were eager to make in the coming months, expenditures which are not typically covered by bank loans and only 48% thought they would be able to get a bank loan. Informal money lenders are available in these communities, but were viewed highly unfavorably due to even higher interest rates and risks of severe penalty or punishment in the case of default.²⁷

²⁶Weekly income was calculated as mean reported income for panel respondents while it was reported as “normal” weekly earnings for participants in the condensed study. Summary statistics, split by panel and condensed sample, are shown in Appendix Table A.3. While the groups are broadly similar, differences are not a point of primary concern. Treatment randomizations were conducted within each study phase so that differences do not threaten identification.

²⁷While local money lenders do not restrict how borrowers use their loans and have low barriers to borrowing, they typically charge 50% interest on a six-month loan, equivalent to 33% expected losses. While

3.2 Saving Ability

The link between saving ability and demand for betting is central to this paper. There are many different factors affecting peoples’ ability to save. In response, there are many different ways the surveys aimed to capture these abilities. Beyond just setting money aside for saving, survey responses gave an indication of further challenges respondents face. Approximately 30% felt pressure to spend money, 55% feared theft at home, and 33% carried existing debt (see Appendix Table A.4). I therefore create an index of saving ability using as much of this data as possible.

The index is created with four different components. First, I use the measure of ex-ante saving potential reported as the share of income that could be allocated to saving. Second, I use the ex-post measure of accrued saving reflected in the question about available liquidity relative to mean income. Third, as a measure of freedom from pressure on finances, I use the negative log of household size.²⁸ And finally, I construct a “saving experience index” from a set of binary questions related to security of savings and available saving technologies.²⁹ In creating an overall “saving ability index”, I normalize each of these sub-indices, sum them together, and re-normalize. People with “low saving ability” in the analysis, refer to respondents with a saving ability index below the median within in their phase of the study, while “high saving ability” refers to those above the median.

3.3 Liquidity Needs and Sources

Finally, a primary assumption of this paper is that bettors have lumpy expenditures they would like to make but cannot currently afford. Lumpy expenditures were defined as indi-

still slightly better than betting, after factoring in the possibility of default, penalties, and risk of losing collateral, the expected losses from money lender credit are likely comparable to betting.

²⁸Additional household members could also contribute to household finances and relieve financial obligations. However, in this sample, 84% of respondents living with others are heads of their households. On average, respondents report to be contributing 81% of their household’s finances (71% for people not living alone). I therefore assume that additional household members are associated with greater financial pressure that outweighs shared obligations.

²⁹The saving experience index has six components (weighted equally). The respondent: 1) has a saving account, 2) has ever participated in a Rosca, 3) has mobile money, 4) has a piggy bank or lock box, 5) feels free from family or other sources of pressure on his finances, and 6) has never had money stolen from home and feels that money stored at home is safe from theft. Condensed study participants were not asked about lock boxes and piggy banks and so their scores have a maximum of five. The saving experience index is the normalized sum of these measures.

visible expenditures that require payment in full at the time of purchase and could include any type of good or service. In the full study, interviewers asked respondents about three categories of potential desired lumpy expenditures: business investments, household expenditures, and personal expenditures. Enumerators explained that these lumpy expenditures should be realistically attainable to avoid purely aspirational targets. Table 2, Panel (a) shows their responses. The majority of respondents could readily identify an expense for all three categories and only 5.8% were unable to identify any desired expenditures.

During the condensed study, after identifying a desired large expenditure, interviewers asked respondents about likely sources of liquidity for this purchase, shown in Panel (b). These responses are also split between high and low ability savers. Although both groups saw saving as a similarly likely source of liquidity (97% and 95.6% respectively), low ability savers were substantially and significantly more likely to report betting as a likely source of liquidity (30.8% versus 19.5%) and less likely to report credit as a likely alternative (21.8% versus 27.5%). These responses suggest that betting is widely viewed as a plausible source of liquidity for large purchases (cited more highly than all sources of credit combined), particularly among those with a limited ability to save.

4. Results

4.1. Lumpy Expenditures, Payout Targets, and Usage of Winnings

At each in-person visit during the full study, participants were asked about upcoming large, lumpy expenditures that they were intent to make. The format of betting in Uganda allows participants to choose their potential payout (see Section 2.2) and respondents were asked to report the amounts they targeted. If betting motivation derives, even in part, from liquidity needs, we may expect a correspondence between anticipated expenses and targeted payouts. Leveraging the panel nature of the data, I estimate the following equation:

$$PayoutTarget_{i,t} = \beta_0 + \beta_1 ExpTarget_{i,t-1} + \beta_2 NoExp_{i,t-1} + \lambda X_{i,t} + \gamma_i + \delta_t + \psi_s + \epsilon_{i,t}$$

$PayoutTarget_{i,t}$ is the reported median payout targeted by individual, i , on his tickets in time period, t . $ExpTarget_{i,t-1}$ is the size of the desired lumpy expenditure identified by the respondent two weeks earlier. $NoExp_{i,t-1}$ is an indicator, equal to one if a respondent did not report any anticipated expenditures at that time. $X_{i,t}$ are time varying individual controls including weekly earnings. γ_i , δ_t , and ψ_s are individual, time, and survey round fixed effects. $\epsilon_{i,t}$ is the error term. Standard errors are clustered at the individual level.

While this empirical setup cannot establish causality, these correlations highlight important patterns in the data and suggest deeper linkages between desired expenditures and payout targets unexplained in the preferred specification by income, flexible time trends, or individual-level, time invariant factors. Table 3 shows these results. First, columns (1) and (2) exclude individual fixed effects. Both the linear form of the target price (scaled by mean income) or the inverse hyperbolic sine transformation (IHST) of its value show that payout targets rise significantly with anticipated expenditures. Adding individual fixed effects in columns (3) and (4), the magnitude and significance of these correlations are reduced, with both 95% confidence intervals covering zero, but remain positive ($p = 0.09$ in column 4). Columns (5) and (6) explore heterogeneity by saving ability. Point estimates are larger for those with low saving ability and significantly different from zero in column (6) ($p = 0.02$) providing suggestive evidence that anticipated expenditures may be linked to choice of betting targets among bettors with low saving ability.³⁰

Next, I explore whether winnings affect lumpy expenditures. Over 60% of respondents reported to have won at least one ticket over the course of the study. For weeks with positive winnings, median winning value was equal to 71% of weekly income. Empirically, estimating the effect of these winnings on expenditures is a challenge because winnings are not randomly assigned: different types of people bet with different frequency and target different payouts, affecting both their likelihood and amount of winnings. To make progress on this, I implement a selection on observables approach, controlling for the amount and

³⁰Respondents also reported top payout targets each week. However, the data suggest that top payouts are aspirational and unlikely linked to anticipated expenditures. The median payouts, scaled by mean income, had median values equal to 1.4 times their mean income and a mean of 4.4, comparable to expenditure targets with a median of 2.8 and mean of 6.3. By contrast, top targets had a median of 6 and mean of 20.2. Appendix Table A.6 shows results for top payout targets. Cross-sectionally, there is still a significant positive correlation, though this disappears with individual fixed effects.

types of bets that respondents made each week.³¹ This is done by characterizing every individual’s betting portfolio by its moments, based off reported number of tickets, average payoff targets, and betting expenditures collected during the in-person visits.³² Accounting for those betting profiles allows me to control for expected winnings and focus on responses to winnings unexplained by the volume and targets of their bets.

If people who win more are systematically different from those who do not, their behavior may be different in other ways as well, leading to spurious empirical patterns in the data. Appendix Table A.7 examines “balance” by looking at whether higher reported winnings and residualized winnings (controlling for betting profiles and higher order terms) predict baseline characteristics.³³ Accounting for betting profiles reduces imbalance by baseline characteristics, although four of fifteen coefficients remain marginally significant at the 10% level, slightly greater than expected by chance.³⁴ The use of individual fixed effects mitigates concerns about cross-sectional misreporting, ensuring that results are driven by within individual variation of winnings and expenditures, although ultimately the possibility of time-varying factors that influence both reported winnings and expenditures cannot be entirely excluded. Acknowledging this limitation, I implement a selection on observables approach with the following estimating equation:

$$Y_{i,t} = \beta_0 + \beta_1 Winnings_{i,t} + \sum_{m=1}^4 \sum_{b=1}^3 BetMoments_{i,m,t}^b + \lambda X_{i,t} + \gamma_i + \delta_t + \psi_s + \epsilon_{i,t}$$

³¹Anderson (2017) uses a similar approach while showing the impact of college sports success on fundraising ability. Conditional on bookmaker spreads, he argues that winning is uncorrelated with potential outcomes.

³²Betting profiles are calculated for weeks of in-person visits where information on targeted payouts was collected. I approximate bookmakers’ assessment of the likelihood that a bet will win and characterize the distribution of potential betting realizations for each bettor in each time period by their moments (mean, variance, skewness, and kurtosis). For robustness, I also implement a non-parametric approach using quartiles of positive per-ticket expenditures, number of tickets, and payout targets creating, along with a bin for people who did not bet that week, 65 ($4 \times 4 \times 4 + 1$) non-parametric betting profile bins. Additional details about the structure of betting in Uganda are contained in Appendix B1. Appendix B3 provides details on the conversion of reported bets into the moments of a betting portfolio.

³³Column (1) show that reported winnings correlate (frequently significantly) with a number of baseline characteristics. Adding minimal betting controls (betting expenditures and number of tickets) makes imbalance worth. However, both parametric and non-parametric controls improve balance with the parametric version performing slightly better. In addition to less significant baseline characteristics, 11 out of 15 estimated coefficients decrease in magnitude, also suggesting that imbalance may be less severe with the betting controls. Positive winnings are winsorized at the top 5% of individual-week observations.

³⁴Further robustness checks are provided that directly control for different dynamic expenditure patterns across these dimensions of imbalance to ensure that they are not driving results.

$Y_{i,t}$ is an expenditure outcome measure for individual, i , reported in period, t . $Winnings_{i,t}$ is the amount of winnings reported for that week. $BetMoments_{i,t}$ are the moments (mean, variance, skewness, and kurtosis) and higher order terms (linear, quadratic, and cubic), characterizing the respondent’s reported betting profile in that week. γ_i , δ_i , and ψ_s are individual, time, and survey round fixed effects. Winnings and expenditures are both winsorized at the top 5% of reported values.³⁵ Standard errors are clustered at the individual level.

Table 4 presents these results. Expenditure outcomes are listed at the top of each column. Column (1) uses total expenditures as the dependent variable. Column (2) switches to the value of the respondent’s biggest lumpy expenditure. Column (3) uses the value of all other expenditures. Column (4) looks at the share of expenditures spent on the lumpy expenditure. Columns (5) and (6) look at other financial flows in the form of net savings and transfers. Except for the share, these expenditure categories are all scaled by respondent’s mean weekly income to avoid over-weighting the behaviors of wealthier respondents.

Panel (a) shows expenditure responses to winnings in the full sample. Notably, biggest expenditure value increases ($p = 0.08$) as does its share of total expenditures ($p < 0.01$). There are no perceptible effects on other expenditures, although net savings increase, suggesting that all winnings may not be spent immediately. Panel (b) examines heterogeneity by saving ability. Effects on biggest expenditures value and share are significantly larger for those with low saving ability. Column (4) of Panel (b) shows that additional winnings equal to ones mean income increase the big expenditure share by just under 9% for people with low saving ability, more than seven times the increase for people with high saving ability.

The relatively small magnitudes of the estimates across all categories of consumption suggest that the effect of winnings are not fully captured in the data. While this may raise concerns about the completeness or accuracy of the reported data, the broad patterns and heterogeneity are consistent with winnings having a particular impact on lumpy expenditures, especially among those with low saving ability.³⁶

³⁵This is done to avoid empirical patterns driven by a long right tail in reported win totals. Results are robust to alternative winsorization thresholds and shown in the appendix. Additionally, respondents with the top 1% of rate of return on betting were trimmed from the sample, removing a handful of respondents whose level of winnings raise suspicion of exaggeration and unreliable data.

³⁶This could be the result of a number of factors. First, while winsorization is implemented to improve data quality and mitigate the effect of outliers, it may also eliminate meaningful variation in the data. Appendix Table A.10 repeats the analysis without winsorizing and shows similar patterns but stronger responses

Columns (7) and (8) adopt an alternative approach, looking at the effect of winnings on the *likelihood* of making large lumpy expenditures. This has the added benefit of reducing the influence of outliers in the dependent variable on the estimates. To do this, the outcome variable is converted into an indicator for whether the respondent made a purchase above a given threshold that week. Columns (7) and (8) show that winnings increase the likelihood of making a lumpy expenditure that is at least half the value of his mean income or above his mean income, respectively. Again, these effects are especially strong for respondents with low saving ability. The results in column (8) of panel (b) suggest that winnings equal to ones mean income increase the likelihood that a low ability saver makes a lumpy purchase equal to or greater than his mean income by 7 percentage points from an overall incidence rate of 25.6% in the data, with no discernible effect for high ability savers.^{37 38}

Expanding on this approach, Figure 2 shows these regression results over a range of thresholds for both lumpy and divisible expenditures. The figures show thresholds up to twice mean income for lumpy expenditures and up to four times mean income for divisible expenditures, consistent with lumpy expenditures roughly half as large as other expenditures on average in the data. These ranges were chosen where outcomes had sufficient variation to have power to detect effects and where win sizes in the range observed in the data could plausibly affect their attainment.³⁹ In the figure, the x-axes show the threshold for the biggest lumpy expenditure in that time period, while the y-axes show the estimated coefficient on

in the data. The point estimates in columns (1), (5), and (6) now account for nearly 50% of reported winnings, corroborating this possibility. A second factor may be that recalled winnings are imprecise and introduce attenuation bias, pulling estimates towards zero. Third, respondents may be exaggerating wins or mis-attributing real wins to the most recent week, thus over-characterizing the shocks to their weekly expenditures. Conversely, they may forget some of their expenditures. Or, they may be holding on to winnings, intending to spend them soon, and thus not reporting them as savings at the time of the interview.

³⁷Appendix Tables A.8 and A.9 show that results are broadly similar when using non-parametric betting profiles or no betting controls. Appendix Tables A.10, A.11, and A.12 show results with raw data or winsorizing the top 1% or 10% of outcomes, respectively. While magnitudes shift with different levels of winsorization, all show qualitatively similar results.

³⁸Appendix Table A.7 revealed that four baseline characteristics were imbalanced with winnings: age, household size, O-Level completion, and delta discounting. For additional robustness, I repeat analysis of the impact of winnings on expenditures for the three main outcomes, big expenditure value, big expenditure share, and big expenditures above mean income in Appendix Tables A.13, A.14, and A.15, respectively. However, I allow for differential time trends by interacting the week of interview fixed effects with whether respondents are above or below the median of these measures (except O-Level which is interacted directly since it is already binary). Results are virtually unchanged for both main and heterogeneous effects.

³⁹Similarly, the incidence of a big lumpy expenditure twice a respondent's mean income is 7.5% while it is 5.8% for non-lumpy expenditures four times respondents' income.

the win amount, scaled by the mean incidence for the relevant sample. It can be interpreted as the proportion increase in likelihood of making a purchase above a given threshold from winnings equal to ones mean income. Panel (b) splits the sample between high ability savers, in red, and low ability savers, in blue, the 90% confidence interval (dotted) is shown for the latter. Panels (c) and (d) repeat this exercise looking instead at non-lumpy expenditures.

For nearly all thresholds, additional winnings have a positive and significant effect on likelihood of lumpy purchases for low ability savers, always larger than for high ability savers for whom the effect is never distinguishable from zero. Though slightly higher for low ability savers, effects of winnings on non-lumpy expenditures are significantly smaller in magnitude than on lumpy expenditures and rarely significantly different from zero.⁴⁰ Appendix Figure A.4 repeats this analysis showing the raw regression coefficients. Appendix Table A.16 shows these results in regression form.

Regardless of specification, the results show that additional winnings impact both the size and likelihood of making large lumpy expenditures in a way that they do not impact others. This effect is consistently present and significantly stronger for those with low saving ability. Although the analysis can not entirely exclude the possibility of other within-individual, time-varying factors affecting both reported winnings and expenditures, these patterns of heterogeneity would be surprising reflections of either reporting bias or misreporting. Ultimately, if individuals anticipate their own future consumption when deciding whether or not to bet, this analysis provides evidence that anticipated lumpy expenditures may contribute to betting demand.

4.2 Commitment-Savings Treatment

The previous section showed associations between saving ability and both betting payout targets and usage of winnings, but they are not able to show that improvements in saving ability can *cause* a reduction in betting demand. To test this, randomly selected participants were chosen to receive a soft commitment-savings device in the form of a wooden savings box. These boxes are nailed closed and have a small slit in the top so that money can be

⁴⁰Appendix Tables A.17 and A.18 show results from a set of seemingly unrelated estimation tests to test for differences across outcome type (lumpy and non-lumpy expenditures) as well as across thresholds.

easily deposited but not retrieved, without breaking it open. This basic technology contains features common to many saving products: a component of ex-ante commitment to save and a reduction in exposure to spending pressure and temptation. These boxes can be found in Ugandan markets and were familiar to the study participants. At the end of the third visit, field team members gave randomly selected respondents a saving box and assisted them in writing down their saving target on the outside.

In Wave 1, 25% of participants were selected to receive the boxes, whereas 50% of participants in Wave 2 were selected.⁴¹ Panels (a) and (b) of Appendix Table A.19 show balance consistent with random assignment by wave.⁴² I estimate the effect of the saving box treatment using a difference in differences estimation strategy with the following equation:

$$Y_{i,t} = \beta_0 + \beta_1 SaveBox_{i,t} + \lambda X_{i,t} + \gamma_i + \delta_t + \epsilon_{i,t}$$

$Y_{i,t}$ is an outcome measure of betting behavior for individual, i , at time, t . $SaveBox_{i,t}$ is an indicator of whether an individual had been offered the saving box at that time. $X_{i,t}$ are individual, time-varying covariates. γ_i and δ_t represent individual and time fixed effects, respectively. $\epsilon_{i,t}$ is the error term. Standard errors are clustered at the individual level.

At the endline, one month after the savings boxes were distributed, interviewers asked participants if they had used a savings box at any time in the preceding month. The effect of treatment status on takeup is shown in Appendix Table A.20. On average, people in the treatment group were 53 percentage points more likely to report using a saving box compared to a control group mean of 16%. Takeup rates were similar for low and high ability savers (both 53%) and similar, but slightly higher for those who did versus those who did not have a lockbox or piggy bank at the time of the baseline (56% and 50% respectively).

Table 5 shows the effect of the saving box on both reported and elicited measures of

⁴¹In Wave 1, another 25% were selected to receive assistance setting up formal bank accounts. The tight timeline of the study and logistical challenges led to this intervention being abandoned before respondents were able to open bank accounts. Assignment to this group is controlled for in the analysis.

⁴²Despite random assignment, the endline lumpy good prime was administered to a slightly larger portion of participants in the saving box treatment group. To address this potentially confounding correlation, all analyses control for the effect of the endline lumpy good prime and additional robustness checks are conducted to ensure that observed effects are not driven by an interaction between treatments. Ultimately, the effects of these treatments are in opposite directions. Therefore, the positive correlation works against finding measurable effects for either result.

betting demand. Columns (1) and (2) look at the number of tickets and value of weekly betting expenditures. Columns (3) and (4) use two different formations of betting demand from the betting ticket offer: a binary indicator for demanding the maximum and the number of tickets demanded. Column (5) constructs a standardized betting index from both the reported and elicited betting measures.⁴³

Panel (a) shows negative point estimates for the reported betting measures, but the results are not statistically significant.⁴⁴ The elicited measures have larger magnitudes and better precision, showing statistically significant reductions with both the max and number codings. The index suggests a 0.18 standard deviation reduction in betting demand.

Panel (b) looks at heterogeneity by saving ability. Perhaps surprisingly, effects are weaker for those with low saving ability. An intervention designed to improve saving ability may have, reasonably, been expected to have stronger effects on those with low baseline ability. However, the index used to make this distinction also captures characteristics likely to impede one's ability to effectively use a saving box, such as limited saving potential or high levels of pressure from family members. Panel (c) shows that the effects are concentrated among those who, at baseline, did not already have a similar technology (piggy bank or lock box). This group shows a 0.3 standard deviation reduction in the betting index from treatment ($p < 0.01$) while those who did have a similar technology show no effects.⁴⁵ While this does not elucidate mechanisms, it adds credence that those with greater potential to benefit from the treatment are driving the results.

Because baseline elicited measures of betting demand were only captured for participants in Wave 2, only Wave 2 participants are included in the difference in difference estimates of those measures, as well as the index. Additionally, Wave 2 participants had some baseline imbalance in these measures, whereby those in the treatment group had slightly higher initial betting demand in the elicited measure than those in the control group.⁴⁶ While difference

⁴³The elicited measures were only captured at baseline and endline. Therefore, to make an aggregate index, I take individual pre and post treatment period averages for number of tickets and amount spent. I standardize each of these four components and create the index by re-standardizing their sum.

⁴⁴Appendix Figure A.5 shows cumulative distribution functions of betting expenditures and tickets before and after treatment by treatment group and confirm small reductions from the saving box treatment.

⁴⁵Appendix Table A.24 shows heterogeneity by the components of the aggregate saving ability index as well as the saving experiences index sub-components. Across all of these dimensions, the effects are strongest among participants who did not have a lockbox or piggy bank.

⁴⁶Respondents assigned to the treatment group demanded 0.3 more tickets at baseline than those in the

in difference estimation appropriately adjusts for these baseline differences, reductions in betting could be exaggerated if there is regression to the mean. Appendix Table A.22 repeats the analysis using only post-treatment observations of respondents in Wave 1 (without the baseline measures). Estimates are very similar with a 0.17 standard deviation reduction on the betting index for the full sample and 0.24 standard deviation reduction for respondents without a saving box at baseline, though some statistical significance is lost due to smaller sample size. Finally, Appendix Table A.23 shows robustness of the saving box effect on elicited measures to interaction effects with the lumpy expenditure prime.

As discussed in Section 2.1, improved saving ability can lead to a reduction in betting through two channels: reduction in all current expenditures for future consumption and reduced relative appeal of betting as a liquidity generation strategy. While the saving box treatment shows evidence of a reduction in betting expenditures, the bundled nature of these two mechanisms along with the noisiness of expenditure data inhibit isolation of the role of the latter.⁴⁷ This limitation motivates two lab-in-the-field experiments, designed to provide additional evidence on the importance of lumpy expenditures, liquidity constraints, and saving ability on betting demand.

4.3 Prime on Lumpy Good

To make progress demonstrating the importance of liquidity needs as a mechanism, I use a lab-in-the-field experiment to show that increasing the salience of a desired lumpy expenditure increases demand for betting. During the baseline of the full study, interviewers asked respondents to identify a large expenditure they wanted to make in the next few months. During the condensed study, these questions were asked at the beginning of the survey. For randomly selected respondents, interviewers went through a dialog referring to these desired expenditures just before the betting ticket offer at the end of the interview. The dialog asked,

control group, with a sample mean of 2.8 tickets, statistically significant at the 5% level. The difference in the maximum ticket measure was not statistically significant.

⁴⁷Further analysis gives some suggestive evidence that on-hand liquidity was lower and accrued savings higher among saving box recipients who had not had similar technologies at baseline. However, the estimates are too noisy to draw conclusions. Additionally, while the saving boxes reduced betting expenditures, point estimates are suggestive of reductions in other spending as well. With both of these outcomes noisily measured, it is not possible to draw conclusions about their relative responses to treatment or to say if the saving box disproportionately affected betting expenditures. This analysis is shown in Appendix Table A.21.

“Earlier, you mentioned that you wanted to buy _____. How much would it cost? How much more money do you think you would need in order to be able to make that expense? Do you know where you would go to purchase it?”⁴⁸ These questions were designed to increase the salience of this expenditure before measuring betting demand. Right after these primes, respondents were offered the choice between betting tickets and cash. Respondents in the control group were asked these same questions immediately *after* the betting ticket offer.

Increased salience of a desired lumpy expenditure should increase demand for bets motivated by need for liquidity. Conversely, demand for betting based on consumption and enjoyment may fall following the prime if respondents consider the opportunity cost of putting the cash into saving towards the expenditure. These predictions push demand in opposite directions, making it an empirical question which effect dominates. I estimate the effect of the prime using the following equation:

$$B_i = \beta_0 + \beta_1 LumpyPrime_i + \lambda X_i + \epsilon_i$$

B_i is an indicator for whether the maximum number of tickets were demanded. $LumpyPrime_i$ is equal to one for those in the treatment group receiving the prime before the ticket offer and equal to zero for those in the control group. X_i is a set of covariates for individual, i . Regressions also include the week of the offer, the amount of cash offered, and treatment status for the other components of the study. Robust standard errors adjust for heteroskedasticity in the error term. This analysis includes respondents from both waves of the full study (conducted at both endline and baseline for Wave 2) as well as participants in the condensed study sample who were not randomly assigned to the budgeting exercise treatment group (discussed below).⁴⁹ Randomization balance is shown in Appendix Table A.19, Panel (c).⁵⁰

⁴⁸For respondents in the full study, the enumerators first checked to see whether the large expenditure had already been made and, if so, whether they needed to make that expense again (as in the case of rent or school fees). These answers were controlled for in the analysis. If a respondent said that he already had the money necessary to make the purchase readily available to him, he was dropped from the analysis.

⁴⁹Respondents in the budgeting exercise treatment group are excluded from the analysis to ensure that effects and heterogeneity of this nested treatment do not get mis-attributed to the lumpy expenditure prime.

⁵⁰None of the 22 variables show imbalance, an unusual degree of balance following randomization. This is because the 510 participants from Wave 2 were given the priming experiment twice, once in the treatment group and once as controls. This created more balance across observable characteristics than would occur if each individual were randomly allocated to only one or the other treatment status.

Table 6 shows the impact of the prime on betting demand. The preferred specification, in column (2), shows that the prime led to a 6.7 percentage point (16%) increase in the likelihood of demanding the maximum number of tickets ($p < 0.01$). Columns (3) and (4) test whether the effect of the prime varies by saving ability. Column (3) uses the continuous saving ability index while column (4) tests for differences between high and low ability savers. Both results suggest that those with worse ability to save increase demand for betting in response to the prime more than those with better saving ability. Column (4) shows that those with low saving ability increase their likelihood of demanding the maximum number of tickets by 11 percentage points, four times more than those with high saving ability.⁵¹

Adding credence to these results, those who reported that betting was a likely source of liquidity for a desired expenditure also responded significantly more to the prime than those who did not (only asked in the condensed study, see Appendix Table A.28). Alternatively, increased salience of a desired expenditure could make people less patient and more inclined to bet in the hope of getting liquidity more quickly. I test for whether people with different measures of baseline patience are more or less responsive to the prime but do not see significant differences in their responses (see Appendix Table A.29).

Overall, these results show that increased salience of lumpy expenditures raises betting demand, consistent with liquidity needs amplifying betting behavior. Stronger responses by people with low saving ability corroborate this further, while exhibiting parallel heterogeneity to usage of winnings shown in Section 4.1.

4.4 Budgeting Exercise for Savings

The final result uses a second lab-in-the-field experiment to identify the effect of changes in perceived saving ability on betting demand. So long as updates are credible, changing perceived ability to save should also affect the relative appeal of saving to betting.

To do this, interviewers guided respondents in the condensed study through a brief budgeting exercise. Early in the survey, interviewers asked all respondents how much they felt

⁵¹Appendix Table A.25 shows results using the continuous outcome of proportion of tickets demanded. Although magnitudes are smaller they remain significant and suggest stronger effects for respondents with lower saving ability. Tests for differential responses by the full set of saving ability measures are included in Appendix Tables A.26 and A.27.

they could save per week (without excessively straining their finances). They were also asked about typical weekly earnings and essential expenditures on food, transportation, and rent. At the end of the survey (roughly 45-60 minutes later) respondents were guided through a budgeting exercise. Respondents were told, “Earlier in this interview you said that you earn _____ UGX in a typical week. You also said you normally spend _____ on food, _____ on transportation, and _____ on rent. This leaves you with _____ UGX per week. How much money do you think you could realistically save per week?” Tablets used for data collection automatically calculated and filled in the blanks based on their earlier responses. Respondents were unconstrained in their answers to this final question and were free to ignore this information. This was recorded as respondents’ budgeted or “assisted” saving potential.⁵² Interviewers did not make any reference to the respondent’s initial, “naive”, estimate from the beginning of the interview.

While all respondents went through this dialog, randomization determined the order of modules at the end of the survey. The budgeting exercise was nested within the lumpy prime from the previous section so that respondents in the condensed study were randomly assigned to one of three possible module sequences:

1. Prime and Budget: Lumpy expenditure dialog → Budgeting exercise → Betting offer
2. Prime Only: Lumpy expenditure dialog → Betting offer → Budgeting exercise
3. Control: Betting offer → Lumpy expenditure dialog → Budgeting exercise

The first group, who went through the budgeting dialog just before the betting ticket offer, and therefore whose updates may affect their elicited betting demand, are considered the budgeting exercise treatment group.⁵³ Table A.19, Panel (d) shows balance by treatment.⁵⁴

⁵²After the respondent gave an answer, the enumerator said, “At that rate of saving, it would take you _____ weeks/months to have enough money to make your desired expense.” The effect of time updates are noisily estimated and do not show statistical significance. If anything, more patient respondents react to learning that they need more time to save, by demanding more tickets than less patient borrowers. Again, suggesting that feasibility of saving may be more important or salient to bettors than patience. Results are shown in Appendix Table A.30.

⁵³This approach is valid if the betting ticket offer did not affect peoples’ responses in the budgeting exercise which could create systematically different updates by treatment status and lead to invalid control group comparisons. Appendix Table A.31 shows that the betting ticket offer did not significantly affect the raw update size, update size relative to income, or likelihood of a positive, negative, or zero update.

⁵⁴Baseline proportionate saving potential is significantly different across treatment despite randomization.

The expected effect of this treatment depends on whether those who did the exercise before the betting ticket offer positively or negatively update their perceived saving potential. People with positive updates may respond by valuing betting relatively less as a mode of liquidity generation and reduce betting demand. Conversely, negative updates may reveal that saving is more challenging than previously believed and lead to increases in betting demand. By having both a naive and budgeted estimate of saving potential for everyone in the sample, I can assess the impact of receiving this update on betting demand for those in the treatment group while controlling for the appropriate counterfactual of someone who would have gotten the same update (but did the exercise after measuring betting demand).

Following the exercise, 48% of respondents decreased their estimated saving potential, 27% did not change their estimate, and 25% increased their estimate relative to their naive estimate. The median raw positive update was 4.25 USD and the median proportionate update was 10% of income. The median raw negative update was 4.85 USD. The median negative proportionate update was 17% of income. Appendix Figure A.6 shows the distribution of update sizes. I estimate the following equation:

$$B_i = \beta_0 + \beta_1 LumpyPrime_i + \beta_2 Budget_i + \beta_3 (Budget \times Update)_i + \beta_4 Update_i + \lambda X_i + \epsilon_i$$

B_i is an elicited measure of betting demand from the betting ticket offer for individual, i . $LumpyPrime_i$ indicates whether the individual received the lumpy prime before the ticket offer. $Budget_i$ is an indicator for being assigned to the budgeting treatment group. β_2 is the effect of the budgeting activity on betting demand, independent of the update. $Update_i$ is the difference between the respondent's new, budgeted estimate of saving ability and his original, naive estimate, positive if the new estimate is greater than the original. β_3 is therefore the coefficient of interest, measuring the effect of the content of the update. β_4 controls for potential update content independent of treatment status. $Update_i$ is coded using both raw and scaled updates as well as binary indicators for positive or negative updates. X_i is a set of

That some imbalance emerges is to be expected, having checked across 20 variables. What matters most for this result is that saving updates are balanced across treatment status. There are no statistical differences by raw saving potential, raw saving update amount, and proportionate update amount. Baseline saving potential is included in all regressions to account for this baseline imbalance.

covariates for individual, i .⁵⁵ Robust standard errors are used to adjust for heteroskedasticity in the error term.

Table 7 shows results using the maximum ticket outcome. Column (1) shows that the budgeting exercise had a negative but insignificant average effect on demand for betting tickets. Columns (2) and (3) show that more positive updates, revealed by the budgeting exercise, lead to lower betting demand, regardless of whether the update is calculated in raw currency or scaled by income. Column (3) suggests that participants who learn that they could save an additional 10% of income, the median sized positive update, reduce the likelihood that they demand the maximum number of tickets by 5 percentage points, or approximately 11.5%.

Recent work in behavioral economics has begun to explore whether people update behaviors and beliefs differently depending on whether new information reflects positively or negatively on them. Evidence up to now has been mixed with some work finding evidence of this asymmetry (Eil and Rao, 2011; Mobius et al., 2011) and other work finding symmetry over short time horizons (Zimmerman, forthcoming). Column (4) splits the effect by positive or negative updates with binary positive or negative indicators and no update as the omitted category. The positive update causes a 26.6 percentage point reduction in the likelihood of demanding the maximum number of betting tickets. The effect for the negative update is indistinguishable from zero and significantly different from the inverse of the positive update ($p = 0.02$), rejecting symmetry in response to updates on opposite sides of zero. Columns (5) and (6) further explore this asymmetry with a linear relationship between the update amount and betting demand, again split at zero. These specifications both show significant decreases in betting for positive updates. Negative updates have positive point estimates with (absolute) magnitudes just 30-50% as big as the positive updates, but are noisily estimated and symmetry cannot be rejected.

Figure 3 shows the non-parametric lowess regression of the saving update, scaled by weekly income, on demand for the maximum number of tickets in order to relax an assump-

⁵⁵All specifications include controls for the amount of cash offered, whether the respondent lives with others, education levels, scores on a math test, measures of risk aversion, hypothetical demand for gambles, and time preferences. Results are similar using minimal covariates shown in Appendix Table A.32 or switching to the number of tickets demanded in Appendix Table A.33.

tion of linearity in the impact of updates imposed in the regressions. A linear model with a spline at zero is included for reference. These non-parametric estimates suggest that there is no clear effect of the budgeting exercise on people learning negative information about their saving potential, whereas positive information decreases demand for betting tickets with bigger effects for larger update sizes. Overall these results provide some further evidence, albeit sensitive to specification, in support of asymmetric updating.

Attributing the effect of the saving box treatment to a change in the relative appeal of saving and betting as competing methods of liquidity generation was confounded by other factors. In particular, I could not rule out that the effect was coming from crowding out all current expenditures on normal goods. However, an update revealing that a person has *more* disposable income available for saving does not face the same challenges. Learning that you have more available liquidity should *increase* demand for bets if it is exclusively a consumption good. These results show the opposite. The reduction in betting demand for people receiving positive saving updates suggests that improved perception of the feasibility of saving as a liquidity generation strategy undercuts that source of appeal for betting.

4.5. External Validity and Interpretation

This section has presented a broad set of empirical findings linking demand for betting to unmet liquidity needs and saving ability. However, the lessons we learn depend on the generalizability of the findings, which may be affected by a number of considerations and concerns related to the sample and design of the study that deserve further comment.

First, the sample was chosen to target a population known to have high incidence of betting with plausible unmet liquidity needs. Young men working in micro-enterprises or services fit these criteria.⁵⁶ Within this group, the aim was to find and recruit “typical” bettors and not cherry-pick extreme participants. As a result, this sample is not representative of young men in Kampala, let alone the rest of the world. Young men working in micro-enterprises may have greater liquidity needs than those who do not have to accumulate their

⁵⁶Interviews conducted at a stable place of work had the added benefits of easier identification during listing, easier tracking for follow-ups, and creating a buffer from respondents’ families whose presence may have biased responses in home-based interviews.

own working capital. However, their desired expenditures reported in Section 2 go beyond business needs and are nearly universal: furniture, clothes, school fees, and home repairs. Working in cash businesses, saving challenges could also be different for this population if earnings are exposed to higher levels of temptation or social pressure. But conversely, and in contrast to working for a wage or in formal employment, variability and unpredictability of profits from informal work may insulate them from oversight or pressures to spend at home. Variability could additionally impact natural access to lumps of liquidity as well as willingness to take on debt. All of these characteristics may influence liquidity needs and demand for betting, and can be found in other populations all over the world. Understanding linkages between the structure and form of income and demand for gambles, or more general willingness to take on risk, is an important area for future research.

Second, many parts of this study rely on self-reported data. This raises two distinct issues. While not unique to this study, consumption recall is notoriously noisy, which can both attenuate estimates and widen confidence intervals in the analysis. Second, reported data may be vulnerable to experimenter demand effects. Recent work by de Quidt et al. (2018) suggests that these effects are minimal in most cases. Still, their possibility can not be ruled out. Both of these concerns motivated inclusion of the betting ticket offer in the study, so that an incentive compatible measure of the primary outcome could be directly elicited from respondents. Ultimately, the patterns of heterogeneity shown throughout the analysis, consistent with the motivating hypotheses, would be a surprising pattern of induced biases to instead result from experimenter demand effects. Still, future research would benefit from the availability of administrative data on both betting behavior and household expenditures to mitigate these concerns.

Third, a challenging question is what portion of betting demand is actually explained by unmet liquidity needs. Fun, addiction, and misunderstanding are all likely to contribute as well. Confounding things further is that these factors likely complement and interact with one another. This complementarity is what motivated the randomized components of the study: to create exogenous variation in one hypothesized mechanism and gauge peoples' response. Still, to make some progress on this from another angle, I linked the soccer schedules of the major leagues and competitions followed in Uganda to the data from the period of the study.

If fun is a central factor driving betting demand, that is likely linked, at least in part, to whether you follow, know about, and can possibly watch the teams you bet on. Following two different methods, I can only explain about 35% of the variation in betting expenditures with the schedule.⁵⁷ This does not rule out other avenues for fun or addiction to affect betting demand, but the majority of reported betting expenditures cannot be explained by the matches available for people to bet on.

A second approach is to think about what conditions would be required for betting in pursuit of liquidity to be rational, without any addiction, fun, or misunderstanding. In Appendix D, I model demand for betting as a pure liquidity generation strategy for a desired lumpy expenditure (removing value from consumption) and compare it to the return that would come from pursuing a saving strategy. Even for people who are perfectly patient, weighting the future equal to the present, if the rate of return on saving falls below that from betting, betting will be a strictly preferred liquidity generation strategy. Many factors such as lack of safe storage options, challenges of self-control, external pressure to spend, inflation, and transaction costs may all push down peoples' return to saving and make betting more appealing whether they are in Uganda or anywhere else in the world. If people also overestimate the rate of return of, gain enjoyment from, or develop addictions to betting, this will raise incidence and intensity of betting even further as an alternative to saving in pursuit of liquidity.

6. Conclusion

Using a sample of more than 1,708 sports bettors in Kampala, Uganda, I present a set of empirical results suggesting that unmet liquidity needs and saving constraints can affect demand for bets with a negative expected return. I show that bettors appear to select payoffs linked to anticipated large expenditures and use winnings disproportionately on large, lumpy expenditures. I then use a randomized experiment to show that a simple commitment-saving

⁵⁷From the soccer schedules, I calculate the number of major league games that occurred in the preceding week for each day of the study. In one approach, I model betting expenditures on the number of games, income, income squared, and time fixed effects and can only explain 35% of variation. In a separate approach I take the bottom quartile of game volume and compare average expenditures to those in the top quartile. Expenditures during low game volume weeks are about 35% lower than those in high intensity weeks.

device lowers betting demand. Next, I use two lab-in-the-field experiments to isolate mechanisms. A prime, increasing the salience of a desired lumpy expenditure, increases elicited demand for betting tickets. And finally, a budgeting exercise reduces demand for betting among those who receive positive updates on their perceived ability to save. Together, these results tell a consistent story: liquidity needs, betting behavior, and saving ability, as an alternative strategy of liquidity generation, are all linked.

The findings in this paper contribute to a broader literature on the causes of gambling as well as literatures on the financial management strategies of the poor and the impacts of saving constraints. While the choice of setting and sample in Uganda was done with the intention of testing these linkages, the behavior of the participants documented in this paper is relevant to populations outside of Uganda as well.

Even the relatively simple interventions tested in this study affected betting demand, illustrating a plausible mechanism and avenue of intervention. More ambitious interventions and programs, such as lowering the cost of secure saving or expanding access to affordable credit may have stronger effects. Broadly, if policy-makers are interested in reducing demand for gambling motivated by unmet liquidity needs, marginalized populations need better financial services and alternative ways to access liquidity to avoid exposure to the high costs and potential risks associated with gambling.

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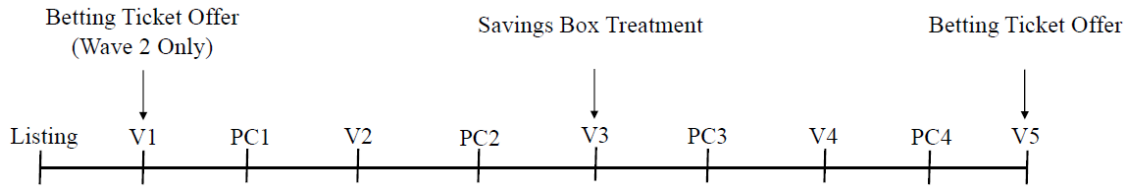
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Figures

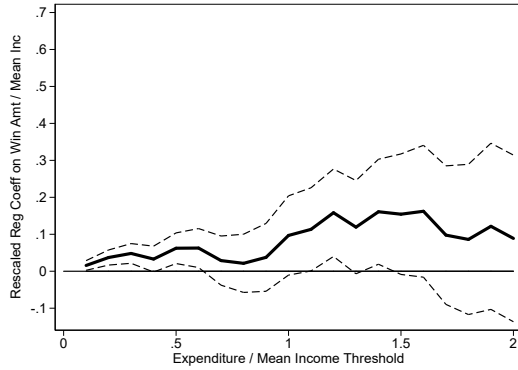
Figure 1: Full Study Timeline



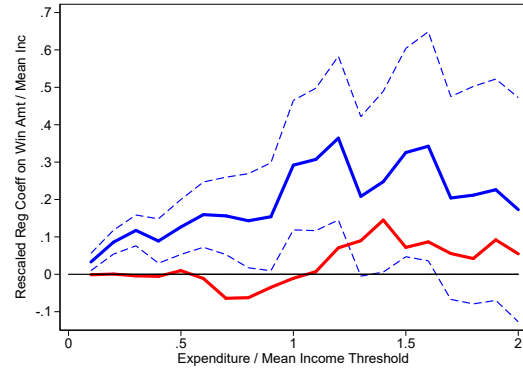
Notes: The figure above illustrates the study timeline for the 957 participants in the full study. VX indicate in-person visits while PCX indicate phone check-ins. There was one week scheduled between each visit so that the final visit, V5, took place eight weeks after the first visit, V1. In-person visits included full length interviews of approximately 35-50 minutes with respondents including full betting, earning, and expenditure modules. Phone check-ins were five minutes in duration, only asking about overall betting and earnings in the past week.

The full study was conducted in two waves. Wave 1 was conducted with 453 participants in October-December 2015 while wave 2 included 504 participants from April-June 2016. Lumpy good priming experiments were conducted in conjunction with the betting ticket offers. Other treatments were conducted in V2 (budgeting of betting expenditures) and V4 (feedback on betting performance) that were not linked to the liquidity generation hypotheses motivating this paper.

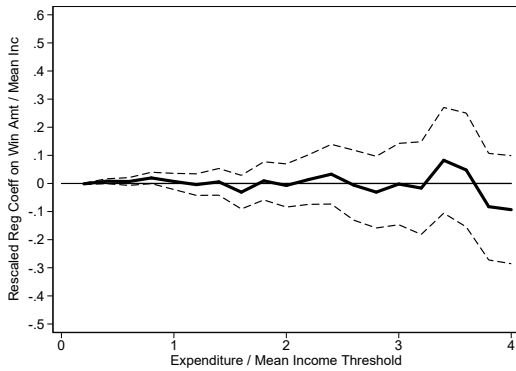
Figure 2: Effect of Winnings on Purchase Thresholds - Scaled to Mean Incidence



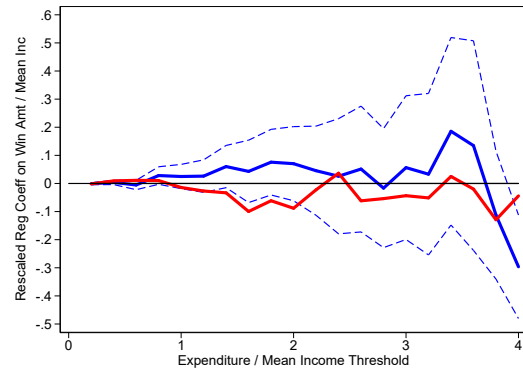
(a) All - Biggest Purchase



(b) Split - Biggest Purchase



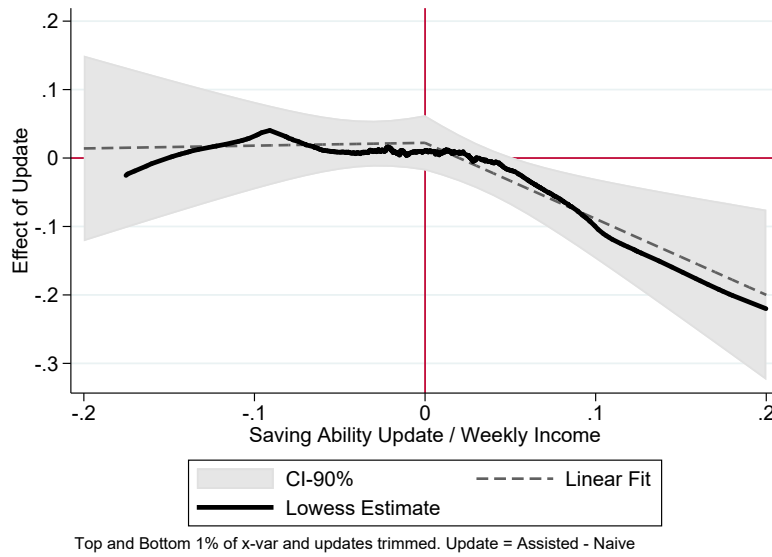
(c) All - Other Expenditures



(d) Split - Other Expenditures

Notes: Each panel shows the coefficient estimates from a regression of expenditure thresholds on winnings using the parametric betting profile controls. The outcome variable is making a large expenditure above a threshold (indicated on the x-axis) in that time period. The magnitude of the estimate on winnings is captured on the y-axis. I include time, survey round, and individual fixed effects in all regressions. Standard errors are clustered at the individual level. Panels (a) and (c) are the estimates for all respondents together with the 90% confidence interval dotted around the estimates. Panels (b) and (d) split the sample by people with relatively low and high ability to save. Low saving ability is in blue in both sub-figures with 90% confidence intervals shown by the dotted lines for people with low saving ability. Point estimates for high ability savers are in red. Panels (a) and (b) show the raw regression coefficients, whereas Panels (c) and (d) re-scale the coefficient by the mean of the outcome variable so that the re-scaled coefficient is the proportion change in likelihood of this purchase.

Figure 3: Effect of Savings Ability Update on Max Ticket Demand - Lowess



Notes: This figure shows the non-parametric, lowess, estimate of the effect of different saving ability updates from the budgeting exercise on betting demand. The update is the difference between the newly estimated amount an individual exercise can save minus their original naive estimate, scaled relative to mean income. The median negative update was -0.15 and the median positive update was 0.1. The y-axis is the likelihood of demanding the maximum number of betting tickets offered during the revealed preference measure of betting demand following the budgeting activity for people in the treatment group. The background is a linear regression with a linear spline at zero and its associated 90% confidence interval.

Tables

Table 1: Summary Statistics: Household and Financial Background

Panel (a)	Mean	p25	p50	p75
Weekly Income (USD)	32.19	19.74	28.57	40.68
Betting Expenditures (USD)	3.44	1.36	2.19	4.14
% of Income Spent on Betting	12.28	4.65	8.49	15.16
Live Alone	0.31	-	-	-
Household Size (> 1)	3.88	3.00	4.00	5.00
% Contribution of HH Finances	71.41	50.00	75.00	100.00
Weekly HH Income Per Capita (USD)	20.85	8.65	16.10	28.57
Age	26.92	23.00	26.00	30.00
Primary	0.84	-	-	-
Junior Secondary (O-Level)	0.45	-	-	-
Senior Secondary (A-Level)	0.18	-	-	-

Panel (b)	Mean	p25	p50	p75
Available Liquidity (USD)	97.02	11.43	28.57	85.71
Available Liquidity/Mean Inc	2.86	0.37	0.93	2.71
Saving Potential (USD)	9.47	3.43	7.14	14.29
Saving Potential / Weekly Income	0.35	0.13	0.26	0.46
Win Target (USD)	360.97	22.86	57.14	171.43
Win Target / Mean Inc	16.71	0.75	2.00	6.67
Win Target / Liquidity Available	32.82	0.60	2.00	10.00

Notes: All raw expenditure values shown in USD. HH=Household. Household income only calculated for 97% in full and 92% in condensed study who contributed to household expenses. Weekly income is calculated as mean weekly income for each respondent. Contribution to household finances only calculated for respondents who do not live alone.

Table 2: Lumpy Expenditures and Source of Liquidity

Panel (a): Most mentioned desired lumpy expenditures by category.				
<u>Good</u>	<u>Business</u>	<u>Household</u>	<u>Personal</u>	
#1	Working capital-19%	Furniture-17%	Clothes-31%	
#2	Improve worksite-13%	Entertainment-17%	Phone-11%	
#3	Motorcycle-13%	Build/Repair-9%	Vehicle-4%	
#4	Tools-12%	Appliance-5%	Entertainment-4%	
#5	New venture-2%	School fees-5%	Jewelry-3%	
Other	10%	20%	9%	
None	33%	27%	38%	
Price	\$285.6	\$114.3	\$42.8	
<i>Price</i> <i>Mean Inc</i>	12.9	4.1	1.8	

Panel (b): Likely sources of liquidity for desired expenditure.				
	Overall Mean	Good Savers	Bad Saver	P-Value Diff
Saving	96.3%	97.0%	95.6%	0.338
Betting	25.2%	19.5%	30.8%	0.000
Credit Family or Friend	13.7%	15.9%	11.4%	0.078
Credit Bank or Loan	10.7%	11.0%	10.4%	0.781
Credit Money Lender	2.1%	2.5%	1.6%	0.425
Any Credit Source	24.6%	27.5%	21.8%	0.075

Notes: Panel (a) shows responses to the question “Is there a large expenditure that you are hoping to make in the next few months?” They were asked to name something in each of the three categories. Interviewers were instructed to ensure that the item or expense named was in fact non-divisible (working capital would mean a bulk purchase) and they were additionally instructed to make sure that these expenditures were realistic and not simply something they would like to have as a dream. The full set of lumpy expenditures was only asked for participants in the full study. Panel (b) shows responses to the follow-up question conducted during the condensed study, typically following the identification of a business expense. The first column shows the overall mean from all respondents. The second and third show these mean responses split by good and bad savers, respectively, as categorized by being above or below the median savings index. The fourth column provides the p-value from a t-test of the difference between good and bad savers.

Table 3: Payout Targets and Desired Expenditures

	(1)	(2)	(3)	(4)	(5)	(6)
	Prop	IHST	Prop	IHST	Prop	IHST
Expenditure Target Price (ETP)	0.0678 (0.0249)	0.0771 (0.0225)	0.0218 (0.0223)	0.0378 (0.0225)	0.0149 (0.0295)	-0.0009 (0.0305)
ETP x Low Save Ability					0.0224 (0.0452)	0.0757 (0.0445)
Log(Mean Inc)	-1.8427 (0.3186)	0.1275 (0.0508)				
Mean Y	3.529	3.574	3.529	3.574	3.529	3.574
P-Val: $\beta_1 + \beta_2 = 0$	0.278	0.022
Individual FEs	No	No	Yes	Yes	Yes	Yes
Num Obs	3602	3602	3602	3602	3602	3602
R2	0.0875	0.6494	0.5278	0.8222	0.5342	0.8239

Notes: Columns (1) and (2) are results from regression of $MedPayoutTarget_{i,t} = \beta_0 + \beta_1 TargetExpPrice_{i,t-1} + NoExpTarget_{i,t-1} + \lambda X_{i,t} + \delta_t + \epsilon_{i,t}$. Dependent variable is the reported median amount targeted in betting tickets purchased the preceding week. Expenditure target price was the anticipated lumpy expenditure mentioned during the previous interview. Weekly income and a dummy for no current purchasing target are also included as controls. Columns (3) and (4) replace individual time-invariant covariates with individual fixed effects. Columns (1) and (3) with heading “prop”, scale expenditure target and payout target by individual’s mean income. Columns (2), (4), and (6) apply the IHST conversion to these two raw variables. Standard errors are clustered at the individual level.

Table 4: Winnings and Expenditures

Panel (a):	Expenditures				Other Flows		Biggest Exp Size	
	(1) Total Exps	(2) Biggest Exp	(3) Other Exps	(4) Share	(5) Net Saving	(6) Net Transfer	(7) 0.5 x Mean Inc	(8) Mean Inc
Winnings	0.043 (0.047)	0.045 (0.026)	-0.003 (0.029)	0.013 (0.005)	0.077 (0.044)	0.015 (0.011)	0.037 (0.015)	0.028 (0.018)
Mean Y	2.458	0.773	1.685	0.298	0.399	0.008	0.575	0.256
Num Obs	4635	4635	4635	4635	4635	4635	4635	4635
Num Inds	945	945	945	945	945	945	945	945
R2	0.648	0.508	0.665	0.397	0.385	0.356	0.450	0.453

Panel (b):	Expenditures				Other Flows		Biggest Exp Size	
	(1) Total Exps	(2) Biggest Exp	(3) Other Exps	(4) Share	(5) Net Saving	(6) Net Transfer	(7) 0.5 x Mean Inc	(8) Mean Inc
Winnings	-0.034 (0.070)	0.005 (0.041)	-0.039 (0.041)	0.003 (0.008)	0.022 (0.070)	0.023 (0.016)	0.007 (0.018)	-0.003 (0.027)
Winnings x LSA	0.165 (0.095)	0.092 (0.051)	0.073 (0.060)	0.023 (0.011)	0.107 (0.086)	-0.019 (0.023)	0.063 (0.031)	0.073 (0.036)
Mean Y	2.458	0.773	1.685	0.298	0.399	0.008	0.575	0.256
P-Val: $\beta_1 + \beta_2 = 0$	0.042	0.001	0.442	0.000	0.010	0.787	0.005	0.004
Num Obs	4635	4635	4635	4635	4635	4635	4635	4635
Num Inds	945	945	945	945	945	945	945	945
R2	0.651	0.513	0.668	0.403	0.397	0.364	0.457	0.461

Notes: Columns (1), (2), (3), (5), and (6) scale dependent variable by mean income. Biggest exp is the biggest reported lumpy expenditure where the good or service purchased was indivisible and required payment in full at the time of purchase. Columns (7) and (8) are binary indicators for whether the biggest expenditure in that week was above 0.5 or 1 x mean income for that respondent, respectively. Winnings and expenditures are all winsorized at the top 5% (as well as bottom 5% for net transfers and savings) to avoid outsized influence of outliers. LSA= Low saving ability. All regressions control for betting expenditures, number of tickets, tickets squared, parametric betting profiles, and weekly income and use individual, week, and survey round fixed effects. Standard errors clustered at the individual level. For results in Panel (b) all covariates and fixed effects are interacted with low saving ability.

Table 5: Savings Box Treatment

Panel (a):	Reported		Elicited		
	(1) Number	(2) USD	(3) Max (0/1)	(4) Number (0-4)	(5) Index
Savings Box	-0.0967 (0.1833)	-0.0445 (0.1596)	-0.1393 (0.0550)	-0.3142 (0.1739)	-0.1768 (0.0870)
Adj R2	0.4973	0.4311	0.2562	0.2819	0.5299
Panel (b):	Reported		Elicited		
	(1) Number	(2) USD	(3) Max (0/1)	(4) Number (0-4)	(5) Index
Savings Box	-0.1400 (0.2395)	-0.0916 (0.2066)	-0.1590 (0.0835)	-0.4454 (0.2604)	-0.2551 (0.1271)
Save Box x LSA	0.1179 (0.3676)	0.1088 (0.3201)	0.0161 (0.1131)	0.2073 (0.3536)	0.1407 (0.1806)
P-Val: $\beta_1 + \beta_2 = 0$	0.9369	0.9440	0.0617	0.3198	0.3734
Adj R2	0.4971	0.4309	0.2544	0.2776	0.5269
Panel (c):	Reported		Elicited		
	(1) Number	(2) USD	(3) Max (0/1)	(4) Number (0-4)	(5) Index
Savings Box	0.3570 (0.2760)	0.4146 (0.2456)	-0.0666 (0.0894)	-0.0789 (0.2891)	0.0024 (0.1392)
Save Box x No Box (at Baseline)	-0.7080 (0.3643)	-0.7048 (0.3215)	-0.1200 (0.1135)	-0.3952 (0.3621)	-0.2963 (0.1792)
P-Val: $\beta_1 + \beta_2 = 0$	0.1401	0.1621	0.0080	0.0301	0.0095
Adj R2	0.4980	0.4303	0.2613	0.2857	0.5310
Mean Dep Var	4.7595	2.8360	0.4655	2.5304	-0.0026
Num Obs	8319	8319	986	986	986
Other Treats	Yes	Yes	Yes	Yes	Yes

Notes: Estimated effects of the saving box with a difference in differences estimation. Reported measures of betting from survey responses. Elicited measures are from the incentivized betting ticket offer. Index is the standardized sum of the standardized measures. All panels control income and other treatments as well as individual, week, and survey round fixed effects. Panel (b) assesses heterogeneity by low saving ability as indicated by being below the median on the saving ability index. Panel (c) analyzes heterogeneity by having neither a lockbox or piggy bank at baseline. Panels (b) and (c) interact all controls and fixed effects (except for individual fixed effects) by that dimension of heterogeneity.

Table 6: Effect of Lumpy Prime on Demand of Maximum Tickets Offered

	(1)	(2)	(3)	(4)
	All	All	All	All
Lumpy Good Prime	0.0667 (0.0235)	0.0665 (0.0234)	0.0670 (0.0234)	0.0213 (0.0332)
Prime x Saving Index			-0.0559 (0.0239)	
Prime x Low Saving Index				0.0914 (0.0467)
Low Saving Index				-0.0549 (0.0426)
Saving Index		-0.0016 (0.0119)	0.0266 (0.0167)	-0.0051 (0.0184)
Mean Dep Var	0.4542	0.4542	0.4542	0.4542
Mean Y-Control	0.4220	0.4220	0.4220	0.4220
P-value: $\beta_1 + \beta_2 = 0$.	.	.	0.0006
Full Set of Covariates	No	Yes	Yes	Yes
Price of Ticket FE	Yes	Yes	Yes	Yes
Other Treatments	Yes	Yes	Yes	Yes
Num Obs	1801	1801	1801	1801
Adj R2	0.0164	0.0237	0.0263	0.0247

Notes: Results from regression of $B_i = \beta_0 + \beta_1 LumpyPrime_i + \lambda X_i + \epsilon_i$. Dependent variable is an indicator for demanding the maximum number of tickets in the betting ticket offer (4 in the full study sample and 2 in mini study sample). *LumpyPrime* is an indicator for going through the lumpy prime dialog prior to the ticket offer. All regressions control for status of other treatments in the study and the amount of cash offered instead of tickets. Columns (2)-(4) also control for the price of the desired expenditure as well as whether it was purchased since the baseline for respondents in the full study. Saving index is a continuous standardized measure of saving ability. Low saving ability indicates respondents with saving ability indices below the median. Ability Robust standard errors are used to adjust for heteroskedasticity in the error term.

Table 7: Effect of Budgeting Exercise on Demanding the Maximum Number of Tickets Offered

	(1)	(2)	(3)	(4)	(5)	(6)
	NA	USD	Prop	NA	USD	Prop
Lumpy Good Prime	0.081	0.078	0.079	0.080	0.078	0.080
	(0.042)	(0.042)	(0.042)	(0.043)	(0.043)	(0.043)
Budgeting Exercise (BE)	-0.024	-0.046	-0.056	0.073	-0.030	-0.025
	(0.045)	(0.045)	(0.046)	(0.082)	(0.055)	(0.057)
BE x Update		-0.016	-0.518			
		(0.006)	(0.224)			
Update		0.002	0.037			
		(0.003)	(0.116)			
BE x (Update > 0)				-0.266		
				(0.106)		
BE x (Update < 0)				-0.050		
				(0.099)		
Update > 0				0.085		
				(0.060)		
Update < 0				0.031		
				(0.053)		
BE x Positive Update Amount					-0.022	-1.013
					(0.010)	(0.521)
BE x Negative Update Amount					0.012	0.346
					(0.009)	(0.304)
Positive Update Amount					0.004	0.184
					(0.004)	(0.217)
Negative Update Amount					-0.001	0.018
					(0.005)	(0.143)
<i>N</i>	683	683	683	683	683	683
Mean Dep Var	0.4129	0.4129	0.4129	0.4129	0.4129	0.4129
Control Group Mean	0.3689	0.3689	0.3689	0.3689	0.3689	0.3689
P-Value of Pos = -1 * Neg Update				0.0180	0.5465	0.3221
R2	0.1441	0.1511	0.1505	0.1534	0.1514	0.1517
Adj R2	0.1169	0.1214	0.1208	0.1212	0.1191	0.1194

Notes: Results from regression of $B_i = \beta_0 + \beta_1 LumpyPrime_i + \beta_2 Budget_i + \beta_3 (Budget \times Update)_i + \beta_4 Update_i + \lambda X_i + \epsilon_i$. Dependent variable is an indicator for demanding the maximum number of tickets in the betting ticket offer. $LumpyPrime_i$ is an indicator for doing the lumpy prime dialog before the betting ticket offer. $Budget_i$ is an indicator for doing the budgeting exercise before the betting ticket offer. $Update_i$ is the assisted estimate of the amount that an individual can save from the budgeting exercise minus the naive estimate. USD columns use the raw measure of the update in US dollars. Prop columns rescale this update relative to an individual's mean income. Individual covariates include background education, household characteristics, and preference variables as well as controls for other treatments during the study and the amount of cash offered instead of tickets. Robust standard errors are used to adjust for heteroskedasticity in the error term.